



Meet the New You

Mother & Daughter
DISCUSSION GUIDE

moretobe.com

Meet
the New
You

Mother & Daughter DISCUSSION GUIDE

Are you looking for a way to connect with your daughter intentionally, emotionally, spiritually, and practically? Would you like a simple format for cultivating heart-to-heart conversations on a regular basis but not tied down to a time-consuming program? Are you craving content that is deeply rooted in Scripture but not steeped in complex theology?

Well, I understand! As a mom of tween and teenage girls, I understand the desire to build a deeply connected relationship and invest in their soul-development as they prepare to launch into adulthood. That's why I believe *Meet the New You: A 21-Day Plan for Embracing Fresh Attitudes and Focused Habits for Real Life Change* is a perfect resource for using as a guide for intentional mother and daughter time. While this book is really an invitation for women, like you, to experience a fresh encounter with God by looking closely at their thoughts and actions through a biblical lens, it's full of timeless principles and simple application steps for cultivating a life built on God-given priorities. Wouldn't you agree that makes it a valuable resource to share with any young woman?

***Meet the New You* is built on principles and practical action steps that can be applied at any age and in any season.**

- ✓ Who doesn't need to learn how to evaluate their time and carve out margin space for rest?
- ✓ Aren't today's teens in desperate need of learning how to manage their time?
- ✓ Who wouldn't benefit from uncovering their God-given wiring, while considering how to use their strengths and weaknesses in a way that glorifies God?
- ✓ Can't you imagine the benefits of your daughter discovering how to identify the obstacles in her life that keep her from living out God's best?

- ✓ Wouldn't it be beneficial for her to learn how to walk in forgiveness, crush the idols that threaten to take over her heart, and live for the approval of God alone?
- ✓ Imagine the benefits of your girl learning how to have a quiet time with the Lord, maybe with each of you holding the other accountable?

I'm sure you're thinking, just like I am as a mom of tween and teen girls, "Yes! Yes! This is what I want for them." But you know, as well as I do, that shoving a book in your daughter's hand isn't going to cut it. Signing her up for a Bible study may not work either. However, inviting her to spend time with you, one-on-one, may accomplish the goal of mentoring her heart while giving her practical tools for her future.

Think of this opportunity much like how a flight attendant instructs the parents to put on their oxygen mask first before attending to their child. The first step is for you to grab a copy of *Meet the New You* and work through the content yourself. Then, you can plan a time to either do a traditional weekly study together, monthly mother-daughter dates, or a retreat weekend at home or away.

In this journey, you become both the teacher and mentor, guiding your daughter through the key principles relevant for building her life as a godly woman.

The discussion questions and activity suggestions provided in this guide will give you the structure you need to bring the content to life as you customize it for your daughter's age and maturity. Of course, if she wants to read the book, you can definitely get her a copy for her to dive into herself. The 8-week format provides that type of intentionality and would be great for a college age girl over a summer together.

Friend, if you know me personally, you'll know my heart is for equipping women, like you, to experience life transformed by a fresh encounter with God for the sake of impacting the next generation.

I believe that a changed woman leaves a changed legacy.

Wouldn't you agree that we all desire to give a legacy of faith to give our children? That legacy begins when we make the changes in our personal lives, in our faith journey, that God is calling us to. And that legacy takes shape when we share from the overflow what God is doing in our lives. I believe that what the next generation needs, besides Jesus and the Word of God, is our personal investment — especially as their moms. We are irreplaceable to them. We bring to them an understanding of who they are and a desire for God's best for their lives like no one else.

So I pray that this discussion guide provides the inspiration, encouragement, and direction for spending intentional time with your daughter as you share the overflow of your faith with her. I promise, it will be a priceless investment of your time, even if in the moment it feels messy. Yes, you'll face obstacles, fussing, and times of failure. The enemy of God will do anything to keep you from speaking truth into

your girl's life. Press on, sister. The goal is to win the prize for which Christ Jesus calls us heavenward, so set your sight on His purposes and join Him in His work as you mentor the heart of your daughter.



SUGGESTED FORMATS

As you consider working through *Meet the New You* with your daughter, there are a couple of different approaches to take based on your time availability and the maturity of your daughter.

Monthly Mother-Daughter Dates

{ great for tweens and young teens }

This option spreads the content over monthly dates with a focus on actively spending time together. If you have a young tween or teen daughter (10 through 15 years), who has yet to embrace the opportunity to grow emotionally and spiritually, this monthly format focusing on time together is the best option. If you're in a busy season but still want to make time to connect with an older daughter, this monthly approach is a great option too!

“All In” Study for Moms

{ great for mature teens and college girls }

The 8-session format of the “All In” study will enable you and your daughter to dig deep into all the content, and is perfect for a mature teen (16 and up) or a college age girl. It would be great for each of you to have a copy of *Meet the New You* along with a journal. When you meet together, you can use this guide for your discussion time.

Retreat Weekend

{ great for a stay-at-home or getaway time }

How about grabbing your teen or twenty-something daughter for a weekend retreat together? This format provides step-by-step suggestions for preparing for a retreat at home or away, depending upon your budget, and working through the highlights of *Meet the New You* together.

MONTHLY DATES



ONE: Fresh Awareness

Focus:

Introduction and Days 1 - 5

Key Verses:

- ◆ Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will. (Romans 12:2 NIV)
- ◆ We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. (2 Corinthians 10:5)
- ◆ Therefore, if anyone is in Christ, the new creation has come:[a] The old has gone, the new is here! (2 Corinthians 5:17)
- ◆ . . . being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus. (Philippians 1:6)
- ◆ Where God is making new life, not a day goes by without his unfolding grace. (2 Corinthians 4:16 msg)
- ◆ Make the most of every opportunity. (Colossians 4:5 msg)
- ◆ Whatever you do, work at it with all your heart, as working for the Lord. (Colossians 3:23)
- ◆ Your very lives are a letter that anyone can read just by looking at you. (2 Corinthians 3:3 MSG)
- ◆ I get to the heart of the human. I get to the root of things. (Jeremiah 17:10 MSG)

Discussion Questions:

1. What in your life feels "as is"?
2. How do you view time—is it an enemy that's always short-changing you, or is "time on your side"? Explain your thoughts.
3. Which area of your life—responsibilities or relationships—do you feel needs the most attention right now?

4. Looking back on your life story, can you see times in which you had a plan for your future but God had something altogether different in mind? How did you respond? What was the outcome?
5. What are some of the challenges you are facing today? What can I/we do to help you in those areas?

Activity:

Day 1: Life Mapping Exercise

Day 4: Story Timeline Exercise

TWO: Assess the Goods

Focus:

Days 6 - 10

Key Verses:

- ◆ The old has gone, the new is here! (2 Corinthians 5:17)
- ◆ My grace is sufficient for you, for my power is made perfect in weakness. (2 Corinthians 12:9)
- ◆ Each of you should use whatever gift you have received to serve others. (1 Peter 4:10)
- ◆ I am fearfully and wonderfully made. (Psalm 139:14)
- ◆ For it is God who works in you to will and to act in order to fulfill his good purpose. (Philippians 2:13)

Discussion Questions:

1. What experiences and relationships have influenced your identity?
2. What would you consider your strengths and weaknesses?
3. How might God want to use you, not only because of your strengths but also because of your weaknesses?
4. What talent(s) would you say God has given to you? How have you enjoyed using them? Or have you neglected them, and if so, why?
5. "God didn't mess up when He made you." What would it take for you to believe this statement and move forward in a God-given confidence?

Activity:

Day 7: Personality Assessments

Day 8: Spiritual Gift Assessments

Day 9: Learning Style Assessments

THREE: Overcoming Obstacles

Focus:

Days 11 - 15

Key Verses:

- ◆ For the word of God is alive and active. (Hebrews 4:12)
- ◆ Follow the example of Christ. (1 Corinthians 11:1)
- ◆ Don't compare yourself with others. (Galatians 6:4 MSG)
- ◆ They exchanged the truth about God for a lie, and worshiped and served created things rather than the Creator. (Romans 1:25)
- ◆ Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. (Ephesians 4:32)

Discussion Questions:

1. How often do you allow your emotions to trump the truth? What could you do to counteract this reaction?
2. What core values did you inherit from your family of origin? Can you find Scriptures to support those values? If not, what Biblical values do you need to embrace while putting aside those inherited values?
3. "You are a key part of a timeless story meant to reveal the glory of God." How does this statement make you feel?
4. Is it possible that a good thing has turned idolatrous for you? Give examples and how you want to go about rectifying this problem.
5. If you gave God all the hurts stored up in your heart -- seeking His forgiveness for your own offenses and choosing to forgive those who have hurt you -- how would your life be different?

Activity:

Choose the activity that feels most beneficial at this time. If you don't know, then start with Days 11 and 12.

Day 11: Mental Makeover

Day 12: Core Values Exercise

Day 13: Comparison Trap Exercise

Day 14: Idol Crushing Exercise

Day 15: Forgiveness Exercise

FOUR: Sticking with Solutions

Focus:

Days 16 - 20

Key Verses:

- ◆ In the morning, Lord, you hear my voice; in the morning I lay my requests before you and wait expectantly. (Psalm 5:3)
- ◆ Am I now trying to win the approval of human beings, or of God? (Galatians 1:10)
- ◆ He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. (John 15:2)
- ◆ For where your treasure is, there your heart will be also. (Matthew 6:21)
- ◆ Teach the older women. . . . These older women must train the younger women. (Titus 2:3-4 NLT)

Discussion Questions:

1. Would you say that God is on your “to-do” list? If so, what will it take to start having a real relationship with Him?”
2. Do you struggle with feeling like you need the approval of friends? People at church? If so, what would it look like to seek the approval of God alone?
3. Is it time to surrender to God’s pruning? If so, what areas is He leading you to cut back on? Can you imagine the rewards?
4. Are you hanging onto things for comfort and security when God is calling you to trust Him more?
5. What would it take for you to engage in heart-deep, life-changing, biblical-mentoring relationships?

Activity:

Choose the activity that feels most beneficial at this time. If you don’t know, then start with Days 16 and 18.

Day 16: Starting Point Plan

Day 17: Your “No” Script

Day 18: A Schedule with Margin

Day 19: Eliminate and Concentrate (Clothes & Room)

FIVE: Vibrant Vision

Focus:

Days 21

Key Verse:

- ◆ Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me. (Philippians 3:12)

Discussion Questions:

1. What is your keeper take-away from this study?
2. Have you been able to pinpoint your God-designed wiring in way that reveals your life purpose?
3. What is your mission statement, even if you can only form a rough draft at this point? Remember, it's not carved in stone. You can change it!
4. What are some short-term and long-term goals you've been able to set as you think about the future? How do your goals reflect your life purpose?
5. How can you purpose to live a life for His glory and become a part of His kingdom work?

Activity:

Day 21: Mission Statement with Goals

“All In” STUDY



The “All In” Study format will enable you to read through all of *Meet the New You* over 8 sessions. Phases 1, 2, and 4 are each given two sessions to cover the content, since there are a number of activities that you’ll want to devote time towards. Phase 3 and 5 are given one session each, as that content may not require quite the investment of time for your girl. Feel free to shuffle it all around or add on two weeks, if that works best for you. The focus of each session, along with discussion questions, is listed in the following pages, so be sure to look those over as you prepare for your time together.

- Session 1: **Phase 1: Fresh Awareness**
Discussion of Days 1 – 2

- Session 2: **Phase 1: Fresh Awareness**
Discussion of Days 3 – 5

- Session 3: **Phase 2: Assess the Goods**
Discussion of Days 6 – 7

- Session 4: **Phase 2: Assess the Goods**
Discussion of Days 8 – 10

- Session 5: **Phase 3: Overcome Obstacles**
Discussion of Days 11 – 15

- Session 6: **Phase 4: Stick with Solutions**
Discussions of Day 16 - 17

- Session 7: **Phase 4: Stick with Solutions**
Discussions of Day 18-20

- Session 8: **Phase 5: A Vibrant New Vision**
Discussion of Day 21

Session 1: Fresh Awareness

Focus:

Introduction and Days 1 -2

Key Verses:



◆ Where God is making new life, not a day goes by without his unfolding grace. (2 Corinthians 4:16 msg)

◆ Make the most of every opportunity. (Colossians 4:5 msg)

Discussion Questions:

1. What in your life feels "as is"?
2. Why is it important to look at your life from a bird's-eye perspective?
3. How would you like your life map to look different a year from now?
4. How do you view time—is it an enemy that's always short-changing you, or is "time on your side"? Explain your thoughts.
5. In what areas could you make better use of your time?

Activity:

Day 1: Life Mapping Exercise

Session 2: Fresh Awareness

Focus:

Introduction and Days 3 -5

Key Verses:

- ◆ Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will. (Romans 12:2 NIV)
- ◆ We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. (2 Corinthians 10:5)
- ◆ Therefore, if anyone is in Christ, the new creation has come:[a] The old has gone, the new is here! (2 Corinthians 5:17)
- ◆ . . . being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus. (Philippians 1:6)
- ◆ Whatever you do, work at it with all your heart, as working for the Lord. (Colossians 3:23)
- ◆ Your very lives are a letter that anyone can read just by looking at you. (2 Corinthians 3:3 MSG)
- ◆ I get to the heart of the human. I get to the root of things. (Jeremiah 17:10 MSG)

Discussion Questions:

1. Which area of your life—responsibilities or relationships—do you feel needs the most attention right now?
2. Looking back on your life story, can you see times in which you had a plan for your future but God had something altogether different in mind? How did you respond? What was the outcome?
3. What are some of the challenges you are facing today? What can I/we do to help you in those areas?
4. What are your favorite excuses for not attempting to change?

Activity:

Day 4: Story Timeline Exercise

Session 3: Assess the Goods

Focus:

Days 6 - 7

Key Verses:

- ◆ The old has gone, the new is here! (2 Corinthians 5:17)
- ◆ My grace is sufficient for you, for my power is made perfect in weakness. (2 Corinthians 12:9)

Discussion Questions:

1. If you had to introduce yourself, what would you say?
2. How does your “introduction” compare to what God says about you?
3. What experiences and relationships have influenced your identity?
4. What would you consider your strengths and weaknesses?
5. How might God want to use you, not only because of your strengths but also because of your weaknesses?

Activity:

Day 7: Personality Assessments

Day 8: Spiritual Gift Assessments

Session 4: Assess the Goods

Focus:

Days 8 - 10

Key Verses:

- ◆ Each of you should use whatever gift you have received to serve others. (1 Peter 4:10)
- ◆ I am fearfully and wonderfully made. (Psalm 139:14)
- ◆ For it is God who works in you to will and to act in order to fulfill his good purpose. (Philippians 2:13)

Discussion Questions:

1. What talent(s) would you say God has given to you? How have you enjoyed using them? Or have you neglected them, and if so, why?
2. Can you determine how God is leading you to use your gifting in your church, family, community, work, or ministry?
3. "God didn't mess up when He made you." What would it take for you to believe this statement and move forward in a God-given confidence?
4. When it comes to your smarts, have you struggled with not feeling good enough?
5. When do you feel God's pleasure? What might God want you to do that delights both you and Him?

Activity:

Day 9: Learning Style Assessments

Session 5: Overcoming Obstacles

Focus:

Days 11 - 15

Key Verses:

- ◆ For the word of God is alive and active. (Hebrews 4:12)
- ◆ Follow the example of Christ. (1 Corinthians 11:1)
- ◆ Don't compare yourself with others. (Galatians 6:4 MSG)
- ◆ They exchanged the truth about God for a lie, and worshiped and served created things rather than the Creator. (Romans 1:25)
- ◆ Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. (Ephesians 4:32)

Discussion Questions:

1. How often do you allow your emotions to trump the truth? What could you do to counteract this reaction?
2. What core values did you inherit from your family of origin? Can you find Scriptures to support those values? If not, what Biblical values do you need to embrace while putting aside those inherited values?
3. "You are a key part of a timeless story meant to reveal the glory of God." How does this statement make you feel?
4. Is it possible that a good thing has turned idolatrous for you? Give examples and how you want to go about rectifying this problem.
5. If you gave God all the hurts stored up in your heart -- seeking His forgiveness for your own offenses and choosing to forgive those who have hurt you -- how would your life be different?

Activity:

Choose the activity that feels most beneficial at this time. If you don't know, then start with Days 11 and 12.

Day 11: Mental Makeover

Day 12: Core Values Exercise

Day 13: Comparison Trap Exercise

Day 14: Idol Crushing Exercise

Day 15: Forgiveness Exercise

Six: Sticking with Solutions

Focus:

Days 16 - 17

Key Verses:

- ◆ In the morning, Lord, you hear my voice; in the morning I lay my requests before you and wait expectantly. (Psalm 5:3)
- ◆ Am I now trying to win the approval of human beings, or of God? (Galatians 1:10)

Discussion Questions:

1. Would you say that God is on your “to-do” list? If so, what will it take to start having a real relationship with Him?”
2. What is your plan for cultivating a habit of meeting with God daily and digging into the Word?
3. Do you struggle with feeling like you need the approval of friends? People at church? If so, what would it look like to seek the approval of God alone?
4. What situations do you need to say no to today?

Activity:

Day 16: Starting Point Plan

Day 17: Your “No” Script

Seven: Sticking with Solutions

Focus:

Days 18 - 20

Key Verses:

- ◆ He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. (John 15:2)
- ◆ For where your treasure is, there your heart will be also. (Matthew 6:21)
- ◆ Teach the older women. . . . These older women must train the younger women. (Titus 2:3-4 NLT)

Discussion Questions:

1. Is it time to surrender to God's pruning? If so, what areas is He leading you to cut back on? Can you imagine the rewards?
2. Are you hanging onto things for comfort and security when God is calling you to trust Him more?
3. How can you create beauty by eliminating a few "things" from your life?
4. Are you hanging on to things for comfort and security when God is calling you to trust Him more?
5. What keys to effective listening do you want to practice today?

Activity:

Day 18: A Schedule with Margin

Day 19: Eliminate and Concentrate (Clothes & Room)

Eight: Vibrant Vision

Focus:

Days 21

Key Verse:

- ◆ Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me. (Philippians 3:12)

Discussion Questions:

1. What is your keeper take-away from this study?
2. Have you been able to pinpoint your God-designed wiring in way that reveals your life purpose?
3. What is your mission statement, even if you can only form a rough draft at this point? Remember, it's not carved in stone. You can change it!
4. What are some short-term and long-term goals you've been able to set as you think about the future? How do your goals reflect your life purpose?
5. How can you purpose to live a life for His glory and become a part of His kingdom work?

Activity:

Day 21: Mission Statement with Goals

Retreat Weekend



The “Retreat Weekend” format is more about focusing on time together built around the foundational concepts found in *Meet the New You*. If you’ve already read the whole book and completed the suggested activities for the weekend, you’ll be perfectly prepared to guide your daughter through the activities and lead the discussion in a meaningful way. Rather than reading all the chapters together, you can share highlights from your reading and use your time to focus on the key Scripture verses, answer the suggested discussion questions, and do the exercises together.

As you plan for your retreat, you’ll want to think through these needs:

- ◆ privacy in terms of space and location, free of interruptions and distractions
- ◆ internet access and a computer for the assessments
- ◆ Bible
- ◆ Journal
- ◆ paper with markers
- ◆ worship music
- ◆ meals

I would suggest devoting two hours to each session, with the first part spent discussing the content and the second part for completing the suggested activities.

Session 1: Fresh Awareness

Focus:

Introduction and Days 1 - 5

Key Verses:

- ◆ Where God is making new life, not a day goes by without his unfolding grace. (2 Corinthians 4:16 msg)
- ◆ Make the most of every opportunity. (Colossians 4:5 msg)
- ◆ Whatever you do, work at it with all your heart, as working for the Lord. (Colossians 3:23)
- ◆ Your very lives are a letter that anyone can read just by looking at you. (2 Corinthians 3:3 MSG)
- ◆ I get to the heart of the human. I get to the root of things. (Jeremiah 17:10 MSG)

Discussion Questions:

6. What in your life feels "as is"?
7. How do you view time—is it an enemy that's always short-changing you, or is "time on your side"? Explain your thoughts.
8. Which area of your life—responsibilities or relationships—do you feel needs the most attention right now?
9. Looking back on your life story, can you see times in which you had a plan for your future but God had something altogether different in mind? How did you respond? What was the outcome?
10. What are some of the challenges you are facing today? What can I/we do to help you in those areas?

Activity:

Day 1: Life Mapping Exercise

Day 4: Story Timeline Exercise

Session 2: Assess the Goods

Focus:

Days 6 - 10

Key Verses:

- ◆ The old has gone, the new is here! (2 Corinthians 5:17)
- ◆ My grace is sufficient for you, for my power is made perfect in weakness. (2 Corinthians 12:9)
- ◆ Each of you should use whatever gift you have received to serve others. (1 Peter 4:10)
- ◆ I am fearfully and wonderfully made. (Psalm 139:14)
- ◆ For it is God who works in you to will and to act in order to fulfill his good purpose. (Philippians 2:13)

Discussion Questions:

1. What experiences and relationships have influenced your identity?
2. What would you consider your strengths and weaknesses?
3. How might God want to use you, not only because of your strengths but also because of your weaknesses?
4. What talent(s) would you say God has given to you? How have you enjoyed using them? Or have you neglected them, and if so, why?
5. "God didn't mess up when He made you." What would it take for you to believe this statement and move forward in a God-given confidence?

Activity:

Day 7: Personality Assessments

Day 8: Spiritual Gift Assessments

Day 9: Learning Style Assessments

Session 3: Overcoming Obstacles

Focus:

Days 11 - 15

Key Verses:

- ◆ For the word of God is alive and active. (Hebrews 4:12)
- ◆ Follow the example of Christ. (1 Corinthians 11:1)
- ◆ Don't compare yourself with others. (Galatians 6:4 MSG)
- ◆ They exchanged the truth about God for a lie, and worshiped and served created things rather than the Creator. (Romans 1:25)
- ◆ Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. (Ephesians 4:32)

Discussion Questions:

1. How often do you allow your emotions to trump the truth? What could you do to counteract this reaction?
2. What core values did you inherit from your family of origin? Can you find Scriptures to support those values? If not, what Biblical values do you need to embrace while putting aside those inherited values?
3. "You are a key part of a timeless story meant to reveal the glory of God." How does this statement make you feel?
4. Is it possible that a good thing has turned idolatrous for you? Give examples and how you want to go about rectifying this problem.
5. If you gave God all the hurts stored up in your heart -- seeking His forgiveness for your own offenses and choosing to forgive those who have hurt you -- how would your life be different?

Activity:

Choose the activity that feels most beneficial at this time. If you don't know, then start with Days 11 and 12.

Day 11: Mental Makeover

Day 12: Core Values Exercise

Day 13: Comparison Trap Exercise

Day 14: Idol Crushing Exercise

Day 15: Forgiveness Exercise

Session 4: Solutions & Vision

Focus:

Days 16 - 21

Key Verses:

- ◆ In the morning, Lord, you hear my voice; in the morning I lay my requests before you and wait expectantly. (Psalm 5:3)
- ◆ Am I now trying to win the approval of human beings, or of God? (Galatians 1:10)
- ◆ He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. (John 15:2)
- ◆ For where your treasure is, there your heart will be also. (Matthew 6:21)
- ◆ Teach the older women. . . . These older women must train the younger women. (Titus 2:3-4 NLT)
- ◆ Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me. (Philippians 3:12)

Discussion Questions:

1. Would you say that God is on your “to-do” list? If so, what will it take to start having a real relationship with Him?”
2. Do you struggle with feeling like you need the approval of friends? People at church? If so, what would it look like to seek the approval of God alone?
3. Is it time to surrender to God’s pruning? If so, what areas is He leading you to cut back on? Can you imagine the rewards?
4. Are you hanging onto things for comfort and security when God is calling you to trust Him more?
5. How can you purpose to live a life for His glory and become a part of His kingdom work?

Activity:

Day 16: Starting Point Plan

Day 17: Your “No” Script

Day 21: Mission Statement with Goals

I'd love to hear what God has done through the time you've spent together as mother and daughter!

Drop me a line at elisa@elisapulliam.com or swing by <http://www.elisapulliam.com> or <http://www.moretobe.com> to leave me a message.